

"Pay Yourself First" Financial Plan



1. Pay Yourself First: Retirement Savings & Debt Reduction

Gross pay x _____% retirement savings and debt reduction rate

= \$ _____

NET PAY = \$ _____ / MONTH



2. Save for Future Expenses

Automate Savings

Set up savings accounts earmarked for emergency fund and other expenses (i.e. home repairs, new car, vacation, gifts, etc.)

Emergency: \$ _____ / month

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

_____ : \$ _____

Savings Total = \$ _____ / month

(Net Pay) - (Savings Total) = \$ _____ (A)



3. Pay Fixed Expenses

Automate payments for fixed expenses, (i.e. rent/mortgage, utilities, cell phone, internet, minimum payments for credit cards & other debt)

_____ : \$ _____ /month

_____ : \$ _____ _____ : \$ _____

_____ : \$ _____ _____ : \$ _____

_____ : \$ _____ _____ : \$ _____

_____ : \$ _____ _____ : \$ _____

_____ : \$ _____ _____ : \$ _____

_____ : \$ _____ _____ : \$ _____

Total = \$ _____ / month

(A) - (Fixed Expenses) = \$ _____ (B)



4. Spend the Rest

THINK: All other expenses, (i.e. gas, groceries, dining out, Netflix, clothes)

Option 1: Spend the rest (B) in your account down to zero each month.

Option 2: Go the extra mile! Open a second checking account and spend weekly:

Take (B) x 12 = \$ _____ (C)

Divide (C) ÷ 52 = \$ _____

Move this amount of money over each week into the second checking account and spend down to zero with a debit card.